



Hoffman Homes for Youth (HHY) is a psychiatric residential treatment program for children suffering with mental health diagnoses and behavioral issues due to the endured trauma, abuse, neglect and loss they have experienced. Children come to us from all over Pennsylvania between the ages of 6-17. Our program began over 110 years ago, in 1910, as an orphanage and has evolved over the years into what we are today - **always keeping the needs of children at the center of our mission.**

We offer individual, family and group therapy to the children and their families. Children in our care benefit greatly from a variety of creative therapies including art, music, animal-assisted and equine-assisted. The children receive 24/7 care, medical services and educational services from a private licensed academic special education school on campus, Hoffman Academy.

While at HHY, children gain coping skills, confidence, self-esteem and are empowered to work through their trauma to successfully complete their treatment program and return to the community.

Additionally, HHY is happy to announce two new programs. Our transitional living program will provide skill development and support to effectively transition females ages 16-21 into the community setting. We are also working with local agencies and are in the process of opening a shelter for children in our community.

Our hope is that HHY gives children a safe place with a serene environment where they can process their trauma and have a chance for a better life with a promising future. You are part of our Hoffman Homes for Youth Community, and we are grateful for your unwavering commitment and passion for helping children. Your support of our program is making a difference in the lives of so many.

## How can you help?

- Invite us to speak to your congregation about HHY and its importance to our community.
- Mark your calendar! Our Black Tie and Blue Jeans Gala is Friday, November 4th 2022, at the Wyndham Gettysburg. We are looking for local churches to sponsor raffle baskets, visit [www.hoffmanhomes.com/specialevents](http://www.hoffmanhomes.com/specialevents) for more details!
- Make a gift to help ensure a brighter future for children in our community and allow us continue providing a steadfast commitment to those who need us. Give now at:

[www.hoffmanhomes.com/giving](http://www.hoffmanhomes.com/giving).

## In Fiscal Year 2020-2021

**85** children admitted.

**2,975**  
Creative Therapy sessions occurred. We provide animal-assisted, art, music and equine-assisted therapies.

**13** therapists have received training on Trauma Focused-Cognitive Behavior Therapy.  
**OUT OF 13**

**93%** of children in care met their treatment goals!



average age at admission.



average length of stay for children at HHY.

## Of the 85 children admitted into care last year:

**93%**

have a history of prior placement in a psychiatric hospital.

**66%**

have a history of suicide attempt.

**40%**

have a family history of substance abuse.

**76%**

have a history of aggression.

**52%**

have a family history of mental disorder.

**29%**

have a history of physical abuse.

## Hear Megan's Success Story:

Megan\* was born to parents with substance abuse issues and mental health struggles which resulted in her physical and emotional needs going unmet during her early years of life. Because of this, she struggled to maintain healthy relationships with others even after being adopted by a loving, supportive family with her two full siblings. After failed attempts at several therapeutic host homes where Megan was experiencing abuse and neglect when she should have been receiving care and treatment, she began to think that life couldn't get any worse. Throughout this journey, she experienced difficult losses, significant shame and hopelessness. When Megan finally came to Hoffman Homes for Youth (HHY) at the age of 17, she was emotionally exhausted. However, even with her reluctance to residential treatment, she found that HHY was finally giving her the time and space she needed to focus on herself in a safe, therapeutic environment. She was able to build positive relationships with her therapists and other staff members who provided a united front for her to address her issues head-on. She thrived during art and animal-assisted therapy sessions and was able to attend Gettysburg Area High School for her senior year of high school. At the end of the year, Megan's family came to watch Megan's graduation in addition to her therapist and two favorite staff members. Towards the end of her treatment, Megan was accepted into her first college choice, West Chester University. As Megan plans for this exciting transition, her work in her treatment at HHY has certainly been an integral part of her development and journey.

\*Name changed for privacy

### Meet Becky!

**Rebecca Van der Groef**  
CEO & President of Hoffman Homes Inc.

With over 23 years of service at HHY, Becky has held several positions including Mental Health Worker, Psychotherapist, Assistant Director of Residential Services, Director of Residential Services, Vice President of Clinical & Residential Programs, and most recently, Interim CEO.

Over the past few years, Becky worked closely with the previous Hoffman Homes CEO. She also collaborated extensively with the leadership team to spearhead the research and development of several new HHY programs. She is a Licensed Social Worker in Pennsylvania and holds a Bachelor of Social Work from Shippensburg University as well as a Master of Social Work from Temple University. Her professionalism, experience as a leader, and time spent with HHY allow her a powerful understanding of the complexities the organization faces.

**Thank you for your support of Hoffman Homes for Youth!**

**For more information about HHY, please contact:**  
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